

PSD Curriculum Map 2023 - 2024

Living in the Wider World Health and Well-being Relationships	Autumn 1 04/09/2023 – 23/10/2023 (8 weeks)	Autumn 2 06/11/2023 – 18/12/2023 (7 weeks)	Spring 1 08/01/2024 – 05/02/2024 (5 weeks)	Spring 2 19/02/2024 – 18/03/2024 (5 weeks)	Summer 1 08/04/2024 – 20/05/2024 (7 weeks)	Summer 2 03/06/2024 – 22/07/2024 (7 weeks)
Year 7	L1 Introduction to PSD Transition and Safety: Transition to secondary school and personal safety in and outside school, including first aid	Developing skills and aspirations: Careers, teamwork and enterprise skills, and raising aspirations	Diversity, prejudice and bullying: Diversity, prejudice, and bullying	Financial decisions: Saving, borrowing, budgeting and making financial choices	Building relationships: Self-worth, romance and friendships (including online) and relationship boundaries	Health and puberty: Healthy routines, influences on health, puberty, unwanted contact, and FGM
Year 8	L1 Introduction to PSD Drugs and alcohol: Alcohol and drug misuse and pressures relating to drug use.	Digital literacy: Online safety, digital literacy, media reliability, and gambling hooks	Discrimination: Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Emotional wellbeing: Mental health and emotional wellbeing, including body image and coping strategies	Identity and relationships: Gender identity, sexual orientation, consent, 'sexting'. (An introduction to contraception will be delivered in Year 9)	Community and careers: Equality of opportunity in careers and life choices, and different types and patterns of work
Year 9	L1 Introduction to PSD Healthy lifestyle: Diet, exercise, lifestyle balance and healthy choices, and first aid	Respectful relationships: Families and parenting, healthy relationships, conflict resolution, and relationship changes	Setting goals: Learning strengths, career options and goal setting as part of the GCSE options process	Employability skills: Employability and online presence	Peer influence, substance use and gangs: Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Intimate relationships: Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography
Year 10	L1 Introduction to PSD Mental health: Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Healthy relationships: Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and online sexual images.	Exploring influence: The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation: Communities, belonging and challenging extremism	Next steps: Application processes, and skills for further education, employment and career progression	A 6 week block has been left for Computer Science input for Year 10 at KS4.
Year 11	L1 Introduction to PSD Building for the future: Self-efficacy, stress management, and future opportunities	Financial decision making: The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Communication in relationships: Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse. Families: Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	Independence: Responsible health choices, and safety in independent contexts	A 6 week block has been left for Computer Science input for Year 11 at KS4.	Pupils will have left school after their GCSEs.



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