

## Year 10 and 11

Level	Range of skills	Quality of skills	Physical attributes	Decision making
<b>5</b> <b>(18–20 marks)</b>	<ul style="list-style-type: none"> <li>demonstrates all core skills and nearly all advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li> </ul>	<ul style="list-style-type: none"> <li>core skills are performed consistently with an excellent standard of accuracy, control and fluency.</li> <li>the advanced skills demonstrated are performed consistently with an excellent standard of accuracy, control and fluency.</li> </ul>	<ul style="list-style-type: none"> <li>demonstrates appropriate levels of physical fitness and psychological control to perform very effectively</li> </ul>	<ul style="list-style-type: none"> <li>successfully selects and uses appropriate skills on nearly all occasions</li> <li>applies appropriate team strategies/tactics/compositional ideas demonstrating an excellent understanding of the activity</li> <li>demonstrates excellent awareness of the rules/regulations of the activity during performance.</li> <li>demonstrates excellent regard for the safety of themselves and others</li> <li>demonstrates excellent awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li> <li>communication with other player(s)/performer(s) is excellent (team activities only)</li> </ul>
<b>4</b> <b>(13–17 marks)</b>	<ul style="list-style-type: none"> <li>demonstrates all core skills and many advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li> </ul>	<ul style="list-style-type: none"> <li>core skills are performed consistently with a very good standard of accuracy, control and fluency</li> <li>the advanced skills demonstrated are performed with some consistency and a very good standard of accuracy, control and fluency</li> </ul>	<ul style="list-style-type: none"> <li>demonstrates appropriate levels of physical fitness and psychological control to perform very effectively</li> </ul>	<ul style="list-style-type: none"> <li>successfully selects and uses appropriate skills on many occasions</li> <li>applies appropriate team strategies/tactics/compositional ideas demonstrating a very good understanding of the activity</li> <li>demonstrates very good awareness of the rules/regulations of the activity during performance</li> <li>demonstrates very good regard for the safety of themselves and others</li> <li>demonstrates very good awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li> <li>communication with other player(s)/performer(s) is very good (team activities only)</li> </ul>
<b>3</b> <b>(8–12 marks)</b>	<ul style="list-style-type: none"> <li>demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li> </ul>	<ul style="list-style-type: none"> <li>core skills are performed consistently with a good standard of accuracy, control and fluency</li> <li>the advanced skills demonstrated are performed with some consistency and a good standard of accuracy, control and fluency</li> </ul>	<ul style="list-style-type: none"> <li>demonstrates appropriate levels of physical fitness and psychological control to perform effectively</li> </ul>	<ul style="list-style-type: none"> <li>successfully selects and uses appropriate skills on some occasions</li> <li>applies appropriate team strategies/tactics/compositional ideas demonstrating a good understanding of the activity</li> <li>demonstrates good awareness of the rules/regulations of the activity during performance</li> <li>demonstrates good regard for the safety of themselves and others</li> <li>demonstrates good awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li> <li>communication with other player(s)/performer(s) is good (team activities only)</li> </ul>
<b>2</b> <b>(4–7 marks)</b>	<ul style="list-style-type: none"> <li>demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li> </ul>	<ul style="list-style-type: none"> <li>core skills are performed with limited consistency and some accuracy, control and fluency</li> <li>the advanced skills demonstrated are performed with limited consistency and often lack accuracy, control and fluency</li> </ul>	<ul style="list-style-type: none"> <li>demonstrates sufficient physical fitness and psychological control to perform with some effectiveness</li> </ul>	<ul style="list-style-type: none"> <li>selects and uses appropriate skills on some occasions.</li> <li>sometimes applies team strategies/tactics/compositional ideas demonstrating some understanding of the activity</li> <li>demonstrates limited awareness of the rules/regulations of the activity during performance</li> <li>demonstrates limited regard for the safety of themselves and others</li> <li>demonstrates limited awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li> <li>communication with other player(s)/performer(s) is limited (team activities only)</li> </ul>
<b>1</b> <b>(1–3 marks)</b>	<ul style="list-style-type: none"> <li>demonstrates some core skills for the activity in isolation and under competitive pressure in authentic performance situations</li> <li>few, if any of the advanced skills for the activity are attempted</li> </ul>	<ul style="list-style-type: none"> <li>core skills are performed inconsistently and with limited accuracy, control and fluency</li> <li>any advanced skills attempted are performed with little success</li> </ul>	<ul style="list-style-type: none"> <li>demonstrates limited physical fitness and psychological control during performance</li> </ul>	<ul style="list-style-type: none"> <li>selects and uses appropriate skills on few occasions.</li> <li>rarely applies team strategies/tactics/compositional ideas demonstrating little understanding of the activity</li> <li>demonstrates little awareness of the rules/regulations of the activity during performance</li> <li>demonstrates little regard for the safety of themselves and others</li> <li>demonstrates little awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li> <li>rarely communicates with other player(s)/performer(s) (team activities only)</li> </ul>
<b>0</b>	No evidence worthy of credit	No evidence worthy of credit	No evidence worthy of credit	No evidence worthy of credit

Year 9

Level	Range of skills	Quality of skills	Physical attributes	Decision making
Excellence	<ul style="list-style-type: none"><li>o demonstrates all core skills and many advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed consistently with a very good standard of accuracy, control and fluency</li><li>o the advanced skills demonstrated are performed with some consistency and a very good standard of accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates appropriate levels of physical fitness and psychological control to perform very effectively</li></ul>	<ul style="list-style-type: none"><li>o successfully selects and uses appropriate skills on many occasions</li><li>o applies appropriate team strategies/tactics/compositional ideas demonstrating a very good understanding of the activity</li><li>o demonstrates very good awareness of the rules/regulations of the activity during performance</li><li>o demonstrates very good regard for the safety of themselves and others</li><li>o demonstrates very good awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li><li>o communication with other player(s)/performer(s) is very good (team activities only)</li></ul>
Secure	<ul style="list-style-type: none"><li>o demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed consistently with a good standard of accuracy, control and fluency</li><li>o the advanced skills demonstrated are performed with some consistency and a good standard of accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates appropriate levels of physical fitness and psychological control to perform effectively</li></ul>	<ul style="list-style-type: none"><li>o successfully selects and uses appropriate skills on some occasions</li><li>o applies appropriate team strategies/tactics/compositional ideas demonstrating a good understanding of the activity</li><li>o demonstrates good awareness of the rules/regulations of the activity during performance</li><li>o demonstrates good regard for the safety of themselves and others</li><li>o demonstrates good awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li><li>o communication with other player(s)/performer(s) is good (team activities only)</li></ul>
Developing	<ul style="list-style-type: none"><li>o demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed with limited consistency and some accuracy, control and fluency</li><li>o the advanced skills demonstrated are performed with limited consistency and often lack accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates sufficient physical fitness and psychological control to perform with some effectiveness</li></ul>	<ul style="list-style-type: none"><li>o selects and uses appropriate skills on some occasions.</li><li>o sometimes applies team strategies/tactics/compositional ideas demonstrating some understanding of the activity</li><li>o demonstrates limited awareness of the rules/regulations of the activity during performance</li><li>o demonstrates limited regard for the safety of themselves and others</li><li>o demonstrates limited awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li><li>o communication with other player(s)/performer(s) is limited (team activities only)</li></ul>
Foundation	<ul style="list-style-type: none"><li>o demonstrates some core skills for the activity in isolation and under competitive pressure in authentic performance situations</li><li>o few, if any of the advanced skills for the activity are attempted</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed inconsistently and with limited accuracy, control and fluency</li><li>o any advanced skills attempted are performed with little success</li></ul>	<ul style="list-style-type: none"><li>o demonstrates limited physical fitness and psychological control during performance</li></ul>	<ul style="list-style-type: none"><li>o selects and uses appropriate skills on few occasions.</li><li>o rarely applies team strategies/tactics/compositional ideas demonstrating little understanding of the activity</li><li>o demonstrates little awareness of the rules/regulations of the activity during performance</li><li>o demonstrates little regard for the safety of themselves and others</li><li>o demonstrates little awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s) (team activities only)</li><li>o rarely communicates with other player(s)/performer(s) (team activities only)</li></ul>

Year 8

Level	Range of skills	Quality of skills	Physical attributes	Decision making
Excellence	<ul style="list-style-type: none"><li>o demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed consistently with a very good standard of accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates appropriate levels of physical fitness and psychological control to perform effectively</li></ul>	<ul style="list-style-type: none"><li>o successfully selects and uses appropriate skills on some occasions</li><li>o applies appropriate team strategies/tactics/compositional ideas demonstrating a good understanding of the activity</li><li>o demonstrates good awareness of the rules/regulations of the activity during performance</li><li>o demonstrates good regard for the safety of themselves and others</li><li>o communication with other player(s)/performer(s) is good (team activities only)</li></ul>
Secure	<ul style="list-style-type: none"><li>o demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed with good consistency and some accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates sufficient physical fitness and psychological control to perform with some effectiveness</li></ul>	<ul style="list-style-type: none"><li>o selects and uses appropriate skills on some occasions.</li><li>o sometimes applies team strategies/tactics/compositional ideas demonstrating some understanding of the activity</li><li>o demonstrates limited awareness of the rules/regulations of the activity during performance</li><li>o demonstrates limited regard for the safety of themselves and others</li><li>o communication with other player(s)/performer(s) is limited (team activities only)</li></ul>
Developing	<ul style="list-style-type: none"><li>o demonstrates some core skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed inconsistently and with limited accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates limited physical fitness and psychological control during performance</li></ul>	<ul style="list-style-type: none"><li>o selects and uses appropriate skills on few occasions.</li><li>o rarely applies team strategies/tactics/compositional ideas demonstrating little understanding of the activity</li><li>o demonstrates little awareness of the rules/regulations of the activity during performance</li><li>o demonstrates little regard for the safety of themselves and others</li><li>o rarely communicates with other player(s)/performer(s) (team activities only)</li></ul>
Foundation	<ul style="list-style-type: none"><li>o demonstrates very few core skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed inconsistently and with no accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates no physical fitness and psychological control during performance</li></ul>	<ul style="list-style-type: none"><li>o never selects and uses appropriate skills on few occasions.</li><li>o does not apply team strategies/tactics/compositional ideas demonstrating little understanding of the activity</li><li>o demonstrates no awareness of the rules/regulations of the activity during performance</li><li>o demonstrates no regard for the safety of themselves and others</li><li>o never communicates with other player(s)/performer(s) (team activities only)</li></ul>

Year 7

Level	Range of skills	Quality of skills	Physical attributes	Decision making
Excellence	<ul style="list-style-type: none"><li>o demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed consistently with a very good standard of accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates appropriate levels of physical fitness and psychological control to perform effectively</li></ul>	<ul style="list-style-type: none"><li>o successfully selects and uses appropriate skills on some occasions</li><li>o applies appropriate team strategies/tactics/compositional ideas demonstrating a good understanding of the activity</li><li>o demonstrates good awareness of the rules/regulations of the activity during performance</li></ul>
Secure	<ul style="list-style-type: none"><li>o demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed with good consistency and some accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates sufficient physical fitness and psychological control to perform with some effectiveness</li></ul>	<ul style="list-style-type: none"><li>o selects and uses appropriate skills on some occasions.</li><li>o sometimes applies team strategies/tactics/compositional ideas demonstrating some understanding of the activity</li><li>o demonstrates limited awareness of the rules/regulations of the activity during performance</li></ul>
Developing	<ul style="list-style-type: none"><li>o demonstrates some core skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed inconsistently and with limited accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates limited physical fitness and psychological control during performance</li></ul>	<ul style="list-style-type: none"><li>o selects and uses appropriate skills on few occasions.</li><li>o rarely applies team strategies/tactics/compositional ideas demonstrating little understanding of the activity</li><li>o demonstrates little awareness of the rules/regulations of the activity during performance</li></ul>
Foundation	<ul style="list-style-type: none"><li>o demonstrates very few core skills for the activity in isolation and under competitive pressure in authentic performance situations</li></ul>	<ul style="list-style-type: none"><li>o core skills are performed inconsistently and with no accuracy, control and fluency</li></ul>	<ul style="list-style-type: none"><li>o demonstrates no physical fitness and psychological control during performance</li></ul>	<ul style="list-style-type: none"><li>o never selects and uses appropriate skills on few occasions.</li><li>o does not apply team strategies/tactics/compositional ideas demonstrating little understanding of the activity</li><li>o demonstrates no awareness of the rules/regulations of the activity during performance</li></ul>