



## HOLY TRINITY CATHOLIC SCHOOL

"Learn to Love, Love to Learn"

Oakley Road, Small Heath, Birmingham, B10 0AX

**Tel:** 0121 772 0184  
**Email:** [info@holyltrc.bham.sch.uk](mailto:info@holyltrc.bham.sch.uk)  
**Website:** [www.holyltrc.bham.sch.uk](http://www.holyltrc.bham.sch.uk)

Head Teacher: Mr Colin Crehan



A St. Teresa of Calcutta  
Multi Academy Company  
School

Friday 7<sup>th</sup> January 2022

Dear Parent(s)/ carer(s),

As a part of your child's education at Holy Trinity Catholic School, we promote personal wellbeing and development through our comprehensive PSD programme, which encompasses Personal, Social, Health and Economic (PSHE) education. Our PSD programme aims to provide young people with the knowledge, understanding, attitudes and skills to live safe, healthy and productive lives so that they can flourish and meet their full potential. PSD is a golden thread that runs throughout the academic and pastoral aspects of your child's education and is a fundamental part of what we do to safeguard our young people.

At Holy Trinity, we are fully committed to equality and our curriculum is built upon the foundation of tolerance, love, respect and mutual understanding. We are respectful to all religious points of view. Our inclusive ethos is underpinned by the shared principle of: ***We do not focus on 'what we are' but 'who we are'***. Our faith based education works in unison with our PSD programme to promote this through all aspects of teaching and learning.

As you may be aware, changes to government legislation have now made it compulsory for schools to deliver a curriculum that covers Relationships and Sex education (RSE) from September 2021. School has carried out extensive planning in anticipation of September with Governors including those elected as Parent Governors, fully aware of this curriculum plan and what it aims to achieve.

We are writing to inform you that, your child's class will be taking part in lessons, which will focus on aspects of RSE, which form part of the PSHE curriculum.

Pupils in **year 7** will be learning about:

- Identity, rights and responsibilities
- How to challenge stereotypes, prejudice and discrimination in the media
- Signs and effects of bullying, including online bullying
- Growing and changing, including puberty and personal hygiene
- Body image
- Different types of relationships- recognising healthy and unhealthy relationships
- Consent (personal belongings) and communicating assertively



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PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the School Governors and a dedicated team of staff who oversee this area of the school's curriculum.

Our PSD programme is underpinned by our school ethos and values; all lessons are delivered in a safe learning environment and are age appropriate. As a school community, we are committed to working in partnership with parents and would therefore like to invite you to a **Parental Workshop on PSD and the RSHE curriculum, which will be held virtually via 'Zoom' on Wednesday 9<sup>th</sup> February 2022, 3.15-4.15pm**. At the meeting you will be able to find out more about what your child will learn and discover how you can best support your child to discuss these topics at home. Following this meeting, parents will also have an opportunity to arrange a telephone meeting with a member of the PSD and Senior Leadership team where we will be happy to support with any further queries that you may have.

**Please email our Administration Team [KBrown@holyltrc.bham.sch.uk](mailto:KBrown@holyltrc.bham.sch.uk) to request an invite to the 'Zoom' Parental Workshop.** In the meantime, should you have any questions please do not hesitate to get in touch. If you would prefer a telephone conversation or face to face meeting instead of Zoom, please contact Reception.

Yours sincerely,

Ms Hodson

Assistant Head teacher of Curriculum development

SLT link for PSD

Colin Crehan

Head teacher