



PSD Curriculum Rationale 2021 - 2022

A key theme which flows throughout the PSD rationale for Years 7 – 11, is the correlation between the Science and RE curriculum.

Year 7 – PSD Curriculum Rationale

| Half – term Living in the Wider World Health and Well-being Relationships | Topic | Rationale on the order and content delivered in Year 7 |
|--|--|--|
| Autumn 1 | Transition and safety Transition to secondary school and personal safety in and outside school, including first aid PoS refs: H1, H2, H30, H33, R13, L1, L2 | <ul style="list-style-type: none">• Pupils will have an introduction to the subject including class ground rules and expectations. This lesson is important as pupils may not be aware of the subject coming from Primary School. It also highlights the importance of this subject and how we should behave.• Pupils will then have a lesson on Human Rights, the Equality Act 2010 and Unicef. This has been placed at the beginning of the year as it is an important legal document that pupils need to thoroughly understand as their actions, on and offline will be held accountable against these legislations throughout their life and pupils need to be aware of this.• When discussing controversial topics these documents can also be something that pupils and staff can refer to. This does not mean that pupils cannot voice their opinion but it makes them aware of how they do so.• Pupils have just started Year 7 so transition is relevant to pupils at this time. |
| Autumn 2 | Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations PoS refs: R15, R39, L1, L4, L5, L9, L10, L12 | <ul style="list-style-type: none">• At this stage Year 7 pupils will be studying new subjects and content they may have never learnt before. This topic looks at careers which could link to these new subjects.• This topic builds on Holy Trinity's 5R's thus preparing pupils with the skills required when facing new challenges at Secondary School.• This topic focuses on the pupil's own personal growth. |
| Spring 1 | Diversity | <ul style="list-style-type: none">• The topic in Autumn 2 looks at how pupils can develop themselves. This topic looks at how pupils can then stand up for others. Without |



PSD Curriculum Rationale 2021 - 2022

| | | |
|-----------------|---|--|
| | Diversity, prejudice, and bullying PoS refs: R3, R38, R39, R40, R41 | mastering self-worth, personal goals and self-love in Autumn 2, we cannot expect pupils to actively show love towards others by challenges prejudices and discrimination. |
| Spring 2 | Building relationships Self-worth, romance and friendships (including online) and relationship Boundaries PoS refs: H1, R2, R9, R11, R13, R14, R16, R24 | <ul style="list-style-type: none">• This topic builds upon the skills developed in Autumn 2 and Spring 1 but has a more pastoral focus, whereas Autumn 2 has a more academic focus.• By this stage pupils may have formed new friendship groups. This topic will look at positive relationships. |
| Summer 1 | Financial decision making Saving, borrowing, budgeting and making financial choices PoS refs: H32, L15, L16, L17, L18 | <ul style="list-style-type: none">• This is a shorter topic and is a shorter term so has been placed here as part of this.• Pupils are at an age where parents may give pupils more responsibility such as letting pupils go out with friends on their own and managing money. The timing of this topic coincides with this and is just before the 6 weeks holiday where pupils may be regularly going out with friends. |
| Summer 2 | Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM PoS refs: H5, H13, H14, H15, H16, H17, H18, H20, H22, H34 | <ul style="list-style-type: none">• During Summer 2 pupils will be studying the following topics in Science: Adolescence, reproductive systems (male and female), fertilisation and implantation, development of a foetus, the menstrual cycle. This topic in PSD links to this.• At this stage in the school year pupils will have matured and be better prepared for discussing this topic. This is supported by parents and still adheres to the statutory guidelines for RSHE.• Pupils will be studying FGM before the 6 weeks holiday which is a key time of the year where pupils may go abroad for a long period of time. |



Year 8 – PSD Curriculum Rationale

| Half – term Living in the Wider World Health and Well-being Relationships | Topic | Rationale on the order and content delivered in Year 8 |
|---|--|---|
| Autumn 1 | Drugs and Alcohol Alcohol and drug misuse and pressures relating to drug use PoS refs: H23, H24, H25, H26, H27, H29, H31, H5, R42, R44 | <ul style="list-style-type: none"> • Pupils will have an introduction to the subject including class ground rules and expectations. This lesson is important as the subject has progressed since July 2021. • Pupils will then have a lesson on Human Rights, the Equality Act 2010 and Unicef. This has been placed at the beginning of the year as it is an important legal document that pupils need to thoroughly understand as their actions, on and offline will be held accountable against these legislations throughout their life and pupils need to be aware of this. • When discussing controversial topics these documents can also be something that pupils and staff can refer to. This does not mean that pupils cannot voice their opinion but it makes them aware of how they do so. • Links to the Science curriculum where Year 8 pupils are studying drugs, alcohol, smoking and unhealthy diets in Autumn 1. • Links to Head of Year feedback from KDA and ABA who stated that knowledge on vape pens is important for this year group for this academic year. |
| Autumn 2 | Digital literacy Online safety, digital literacy, media reliability, and gambling hooks PoS refs: H3, H30, H32, R17, L19, L20, L21, L22, L23, | <ul style="list-style-type: none"> • Links to previous topic on responsibility for actions. • Links to Head of Year feedback from KDA and ABA who stated that knowledge on bullying, sexualised behaviour and friendships online is important for this year group for this academic year. |



PSD Curriculum Rationale 2021 - 2022

| | | |
|-----------------|---|---|
| | L24, L25, L26, L27 | |
| Spring 1 | <p>Discrimination</p> <p>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p>PoS refs: R39, R40, R41, R3, R4, R42, R43</p> | <ul style="list-style-type: none"> Building on knowledge from Year 7 Spring 1. Links to Human Rights, Equality Act 2010 and Unicef lessons discussed in Autumn 1. |
| Spring 2 | <p>Emotional wellbeing</p> <p>Mental health and emotional wellbeing, including body image and coping strategies</p> <p>PoS refs: H3, H4, H6, H7, H8, H9, H10, H11, H12, L24</p> | <ul style="list-style-type: none"> Links to Spring 1 topic and Summer 1 topic as a person's mental health may be affected by those key topics. At this stage in the school year, pupils have matured and are more able to discuss such a sensitive and triggering topic for pupils. |
| Summer 1 | <p>Identity and relationships</p> <p>Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.</p> <p>PoS refs: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32</p> | <ul style="list-style-type: none"> This topic links to the previous topic as a pupil's mental health may be affected by them working out their identity. At this age more pupils are beginning to go through puberty and therefore we studying this topic in advance of these hormonal changes. Basic forms on contraception will not be taught in Year 8 as this will be discussed in Year 9 RE Autumn 1. STI's are not taught in Science until Year 10 Autumn 1. By removing this sub-topic we are responding to the needs of the school and acting upon parental feedback and the SRE steering group. |
| Summer 2 | <p>Community and careers</p> <p>Equality of opportunity in careers and life choices, and different types and patterns of work.</p> | <ul style="list-style-type: none"> At the age of 13 a person can have a part-time job, with some restrictions in the UK. Careers and life choices links to this. In the six weeks holiday some pupils may start their first part- time job. This topic has also been placed here as it links to Year 9 where pupils will be choosing their options. |

PSD Curriculum Rationale 2021 - 2022



| | | |
|--|---|--|
| | PoS refs: R39, R41, L3, L8, L9, L10, L11, L12 | |
|--|---|--|

Year 9 – PSD Curriculum Rationale

| Half – term Living in the Wider World Health and Well-being Relationships | Topic | Rationale on the order and content delivered in Year 9 |
|--|---|--|
| Autumn 1 | Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid PoS refs: H3, H14, H15, H16, H17, H18, H19, H21 | <ul style="list-style-type: none"> Pupils will have an introduction to the subject including class ground rules and expectations. This lesson is important as the subject has progressed since July 2021. Pupils will then have a lesson on Human Rights, the Equality Act 2010 and Unicef. This has been placed at the beginning of the year as it is an important legal document that pupils need to thoroughly understand as their actions, on and offline will be held accountable against these legislations throughout their life and pupils need to be aware of this. When discussing controversial topics these documents can also be something that pupils and staff can refer to. This does not mean that pupils cannot voice their opinion but it makes them aware of how they do so. Links to the Science curriculum where Year 9 pupils are studying stem cells. Recap of knowledge from Year 8 in Science and PSD from Autumn 1. |
| Autumn 2 | Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes PoS refs: H2, R1, R6, R19, R21, R22, R23, R35, R36 | <ul style="list-style-type: none"> Pupils will have studied relationships in Year 9 Autumn 1 in RE. The timing of this topic consolidates knowledge from Science and PSD in previous years and will be expanding on knowledge from RE this year but from a more emotional and pastoral perspective. |



PSD Curriculum Rationale 2021 - 2022

| | | |
|-----------------|--|---|
| Spring 1 | <p>Setting goals Learning strengths, career options and goal setting as part of the GCSE options process.</p> <p>PoS refs: L2, L3, L6, L7, L8, L9, L11, L12, L13, L14</p> | <ul style="list-style-type: none"> This topic has been placed here as pupils will be choosing their options and thus this topic coincides with this. |
| Spring 2 | <p>Employability skills Employability and online presence</p> <p>PoS refs: R13, R14, L2, L4, L5, L8, L9, L14, L21, L24, L27</p> | <ul style="list-style-type: none"> This topic has been placed here as pupils will be choosing their options and thus this topic coincides with this. |
| Summer 1 | <p>Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p> <p>PoS refs: H24, H25, H27, H28, H29, R1, R20, R37, R42, R44, R45, R46, R47</p> | <ul style="list-style-type: none"> This topic links to Year 10 Autumn 1 Science curriculum where pupils will be studying alcohol, smoking, diet and exercise. After focusing on options pupils will be recapping on knowledge from the Autumn term on healthy lifestyle and respectful relationships. |
| Summer 2 | <p>Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p> <p>PoS refs: R7, R8, R11, R12, R18, R24, R26, R27, R28, R29, R30, R31, R32, R33, R34, L21</p> | <ul style="list-style-type: none"> Links to prior topic. If pupils do not have a solid understanding of healthy and unhealthy relationships then can pupils grasp the consequences of an intimate relationship? Therefore this topic had to be taught after those. This topic prepares pupils for Year 10 Autumn 1 Science curriculum where pupils will be studying STIs. |



Year 10 – PSD Curriculum Rationale

| Half – term Living in the Wider World Health and Well-being Relationships | Topic | Rationale on the order and content delivered in Year 10 |
|---|--|---|
| Autumn 1 | Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change PoS refs: H2, H5, H6, H7, H8, H9, H10 | <ul style="list-style-type: none"> • Pupils will have an introduction to the subject including class ground rules and expectations. This lesson is important as the subject has progressed since July 2021. • Pupils will then have a lesson on Human Rights, the Equality Act 2010 and Unicef. This has been placed at the beginning of the year as it is an important legal document that pupils need to thoroughly understand as their actions, on and offline will be held accountable against these legislations throughout their life and pupils need to be aware of this. • When discussing controversial topics these documents can also be something that pupils and staff can refer to. This does not mean that pupils cannot voice their opinion but it makes them aware of how they do so. • Pupils have moved to a different Key Stage, subjects will be talking about different specifications and this could lead to anxiety. Therefore this topic has been placed here to support pupils with this. |
| Autumn 2 | Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography PoS refs: R1, R2, R3, R6, R7, R8, R14, R15, R18, R19, R22, R28, R29, R30, R31 | <ul style="list-style-type: none"> • Links to Autumn 1 Science curriculum where pupils will be studying STIs. Building on this knowledge from another subject but from a pastoral perspective. |
| Spring 1 | Exploring influence | <ul style="list-style-type: none"> • Links to prior topic due to coercion with gangs. |



PSD Curriculum Rationale 2021 - 2022

| | | |
|-----------------|---|--|
| | <p>The influence and impact of drugs, gangs, role models and the media</p> <p>PoS refs: H19, H20, H21, R20, R35, R36, R37</p> | |
| Spring 2 | <p>Addressing extremism and radicalisation</p> <p>Community cohesion and challenging extremism</p> <p>PoS refs: R5, R6, R9, R10, R14, R28, R29, R30, R31, R34, L24, L26, L27, L28, L29</p> | <ul style="list-style-type: none"> Links to topics in Autumn 1 – Spring 1 as a person's lack of self-esteem could make them more vulnerable to entering unhealthy relationships, coercion, negative influences and equally extremist ideas. |
| Summer 1 | <p>Financial decision making</p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p> <p>PoS refs: H25, R38, L16, L17, L18, L19, L20, L25</p> | <ul style="list-style-type: none"> At the age of 16 you can work full time if you have left school, have a National Insurance number and the job has accredited training. For some pupils they may have started or may consider starting a part-time job at 16 and the timing of this topic prepares pupils when they have to manage their own wages. |
| Summer 2 | <p>A 6 week block has been left for Computer Science input for Year 10 at KS4.</p> | |



Year 11 – PSD Curriculum Rationale

| Half – term Living in the Wider World Health and Well-being Relationships | Topic | Rationale on the order and content delivered in Year 11 |
|---|---|---|
| Autumn 1 | Next steps Application processes, and skills for further education, employment and career progression PoS refs: L1, L2, L3, L4, L6, L7, L8, L11, L12, L21 | <ul style="list-style-type: none"> • Pupils will have an introduction to the subject including class ground rules and expectations. This lesson is important as the subject has progressed since July 2021. • Pupils will then have a lesson on Human Rights, the Equality Act 2010 and Unicef. This has been placed at the beginning of the year as it is an important legal document that pupils need to thoroughly understand as their actions, on and offline will be held accountable against these legislations throughout their life and pupils need to be aware of this. • When discussing controversial topics these documents can also be something that pupils and staff can refer to. This does not mean that pupils cannot voice their opinion but it makes them aware of how they do so. • This topic has been placed here as it is when pupils begin applying for college, apprenticeship, job places. |
| Autumn 2 | Building for the future Self-efficacy, stress management, and future opportunities PoS refs: H2, H3, H4, H8, H12, L22 | <ul style="list-style-type: none"> • At this time pupils will be preparing for December Mock exams and therefore these lessons are recapping and building on techniques to support pupils during a stressful time. |
| Spring 1 | Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse | <ul style="list-style-type: none"> • These topics link to the Science curriculum where pupils will have studied hormonal co-ordination in Autumn 1. • Studying pregnancy and sexual health has been placed here, as although the demographic of our school and the parental views on SRE suggests that sexual intercourse is between a married couple; in |



PSD Curriculum Rationale 2021 - 2022

| | | |
|-----------------|---|--|
| | <p>PoS refs: H26, H27, H28, H29, R16, R17, R21, R23, R32</p> <p>Families</p> <p>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships</p> <p>PoS refs: H30, H31, H32, H33, R4, R11, R12, R13, R24, R25, R26, R27, R33</p> | <p>Year 11 pupils will be at the age where they can legally give consent and have sex, be married or live together with a parent's permission and can be prosecuted for having sex with someone who is under 16. Therefore this is imperative for the safety and legal understanding of pupils.</p> |
| Spring 2 | <p>Independence</p> <p>Responsible health choices, and safety in independent contexts</p> <p>PoS refs: H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24</p> | <ul style="list-style-type: none"> This topic has been placed here as in Spring 2 and Summer 1 in the Science curriculum pupils will be studying: Types of reproduction, cell division in sexual reproduction, inheritance, genetic disorders/inherited disorders, screening for generic disorders and the ethics involved, evolution, variation, genetic engineering, cloning/adult cell cloning/ethics. Due to this, pupils will have a firm scientific knowledge on these topics and will be able to explore the different views on vaccines based on factual information rather than conspiracies which have been prevalent in 2020-2021. This topic prepares pupils for when they leave Holy Trinity Catholic School this term. |
| Summer 1 | <p>A 6 week block has been left for Computer Science input for Year 11 at KS4.</p> | <ul style="list-style-type: none"> |
| Summer 2 | <p>Pupils will have left school after their GCSEs.</p> | <ul style="list-style-type: none"> |